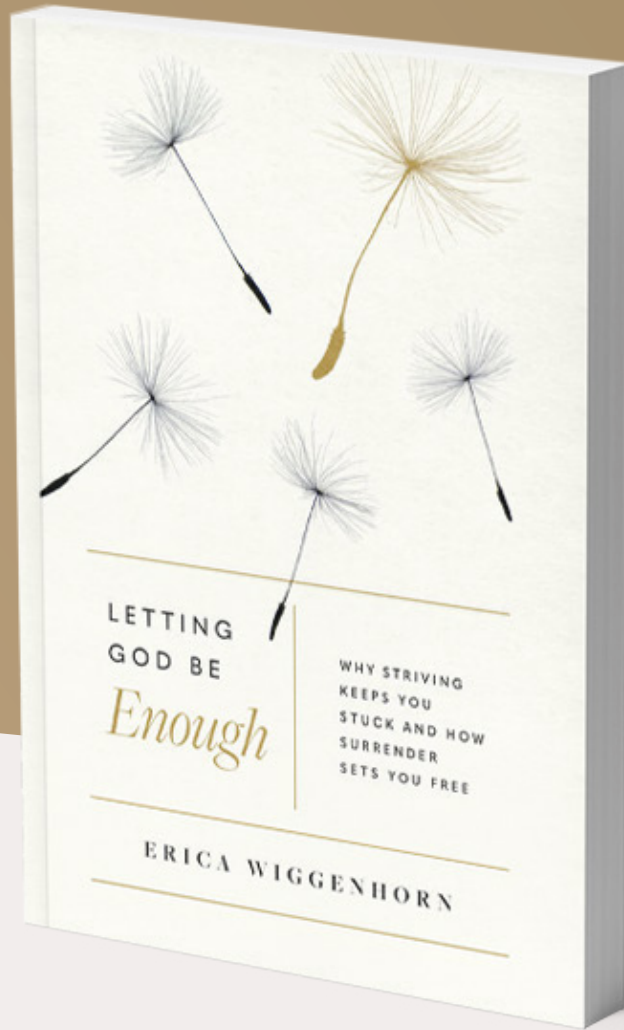
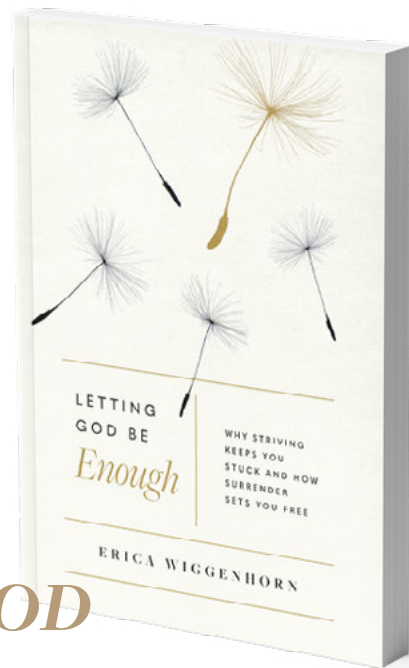


FROM MOODY PUBLISHERS



LETTING GOD BE ENOUGH:
*Why Striving Keeps You Stuck
and How Surrender Sets You Free*

BY ERICA WIGGENHORN



About **LETTING GOD BE ENOUGH:**

Everyone thinks you've got it together.
But inside, you're asking, "Am I enough?"

No matter how good we look to others, the nagging voice of self-doubt is hard to shake. We ask questions like:

If people really knew me would they still accept me?

Will I be rejected when I can't perform?

Can I pull this off?

What if I end up alone?

Am I missing out on what life should be because I can't shake this fear?

If you find yourself having thoughts like these, Erica Wiggernhorn wants to lead you to freedom. Drawing from the story of Moses—the greatest self-doubter in the Bible—Erica shows how self-doubt is tied closely to self-reliance. It's only when you cast yourself on God that you find the true source of strength.

Are you enough? The answer is no... but your God certainly is. Step out in His power instead of your own and watch your confidence blossom because you're in the hands of I AM.



About Erica Wighorn

Erica is an award-winning author and the founder of Every Life Ministries, bringing you the truths of Scripture to transform your life. By digging deeply into God's Word, Every Life Ministries encourages you to discover your unique purpose, accept God's promises, and live by His power. Erica is the author of three Bible studies released by Moody Publishers: *An Unexplainable Life*, *The Unexplainable Church*, and *Unexplainable Jesus: Rediscovering the God You Thought You Knew*.

Her next release, *Letting God Be Enough: Why Striving Keeps You Stuck and How Surrender Sets You Free*, is scheduled to release in September 2021. Erica's first trade book through Moody Publishers examines Moses' fear of inadequacy and how God invites Moses to rest in his identity and God's sufficiency.

Erica serves on the women's ministry leadership team for her church and regularly teaches in various venues. She's also taught women in the Arizona State Prison system, and overseas. She loves to bring God's Word to anyone who'll listen, whether it's a large women's conference, a church women's retreat, her own kitchen table, or across your computer screen with her teaching series or YouTube Channel. Erica is also a regular guest teacher on Bridges, an online show on the Christian Television network viewable on most cable networks, Roku, Amazon Fire, and Android TV.

A graduate and post-graduate of Azusa Pacific University, Erica lives in Phoenix with her best friend and husband, Jonathan, and their four children, only two of which are human. The others are furry and adorable.



Suggested Questions:

- *Why do you think so many Christians, women in particular, struggle with self-doubt?*
- *What is Imposter Syndrome and what does it look and feel like in our lives?*
- *Millions of copies of self-help books have been sold, addressing issues of self-doubt. What does the Bible say about the issue?*
- *What are some signs that indicate you are striving out of a place of fear rather than working with passion in the role(s) you're fulfilling in a relationship or a responsibility you hold?*
- *Moses, a prominent character in the Bible, displayed a lot of self-doubt. What does his story teach us about trusting God?*
- *When Moses suffered from self-doubt, how did God respond? How did God want Moses to respond?*
- *It seems like if God has called us to something, then shouldn't it be relatively easy, since God is with us? Why does it often feel like the things we try hardest at feel the most difficult?*
- *What are some practical ways to stop responding in fear and instead surrender in faith when God calls us to serve Him in a special capacity?*
- *How can we tell when we've surrendered? Why is this God's ultimate plan for His children?*
- *What made you become passionate about Bible teaching? Why can you empathize with the person out there who struggles to make Bible reading or Bible study a priority?*
- *What are we missing when we don't personally study scripture? What practical steps would you offer to someone who wants to grow in their ability to read and study the Bible?*
- *Tell us something unexpected or surprising you learned while working on this book.*



Other Books by Erica Wiggernhorn:

- *An Unexplainable Life: Recovering the Wonder and Devotion of the Early Church* (based on Acts 1-12)

In only fifty days Peter becomes radically transformed. From being a man crouching in the shadows who denies even knowing Jesus, to becoming a bold preacher proclaiming the resurrection of Jesus in the middle of the temple courts, Peter is a new man. How did the change occur? And more importantly, can such a change occur within us—today, in the here and now?

In this 10-day study, Erica Wiggernhorn invites readers to dwell in the first twelve chapters of Acts. This portion of Scripture introduces Peter face to face and readers are encouraged to believe that God wants to do something in and through us that is unexplainable apart from him.

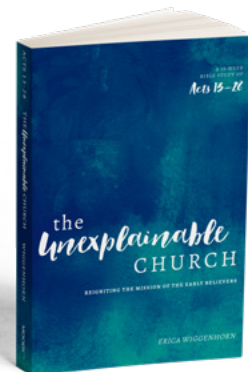
[READ MORE HERE](#)



- *The Unexplainable Church: Reigniting the Mission of Early Believers* (based on Acts 13-20)

The Unexplainable Church study teaches readers, by example, how to study the Bible deeply, and it will challenge them toward critical life-change: submitting their will to the mission of Jesus, who gives life its fullest meaning. This 10-week inductive study of Acts 13–28 will sweep readers into the great drama of the Kingdom, inspiring them to live together in the power of the Spirit and accomplish what could never be done alone.

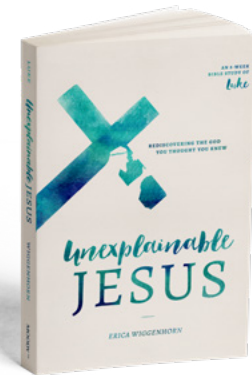
[READ MORE HERE](#)





— *Unexplainable Jesus: Rediscovering the God You Thought You Knew* (based on the book of Luke)

Crowds clamored, women wept in awe, disciples dared to do the impossible- all because of Jesus. Somewhere in the overly familiar we've lost our fascination. Whether you're worn thin, filled with questions, or desperate for more of God, come encounter Unexplainable Jesus. Experience the culture and customs of His day and follow Him into a life unimaginable.



Carefully researched, Unexplainable Jesus examines narratives that may be well-known to some readers, but with detail provided so the incidents are “not swallowed up in familiarity,” as Wiggernhorn puts it. Readers will discover insights about first-century Palestine; the Roman occupation; the Sadducees, who actually benefited socially and politically from the Romans; how the written and oral Jewish law permeated every aspect of daily life; the travels of Joseph and Mary, and more. Erica includes information about coins and snakes, shepherds and dinners, Pharisees and parables and first-century Judaism.

This study features:

- *in-depth study of Luke (40 lessons over 8 weeks)*
- *historical and cultural insights*
- *soul-searching questions*
- *access to extensive online resources*

Step into the streets of Jerusalem and encounter the Jewish Rabbi who turned the world upside down. After rediscovering Jesus on the pages of the book of Luke—or maybe discovering Him for the very first time—you’ll see there is no other plan, goal, ambition, or Person worth following but Jesus.

[READ MORE HERE](#)



Quotes from LETTING GOD BE ENOUGH:

God promises to guide us through every step, taking us to our promised land.

It was Moses' painful experience of rejection that allowed him to marvel over being personally chosen by God.

Pieces of your past are preparation for the future God has planned for you

God has purpose in the path even when it doesn't make sense or seem to fit our skill set.

God never asked Moses to look at himself or at his abilities. God simply asked Moses to believe in Him.

Our God is in the business of doing new things, which often means He does them in new ways.

Sometimes to move past our fear of inadequacy we have to turn around and face our fear.

Our fear of inadequacy is rooted in an imperception of God's power and lack of intimacy with His character.

Handing over our fear to God means learning to accept what we cannot comprehend.

Our emotions aren't necessarily wrong, it's what we do with them that becomes sinful.

Our fear of inadequacy and failure can bring us into battles God never intended us to fight.

An inability to offer grace to others is the first sign that we remain unable to accept grace for ourselves.

God longs to grow our faithfulness before He fosters our success.

Asking for help requires a different type of strength: vulnerability.



Headshots & book cover artwork:

<https://www.dropbox.com/sh/ttuyv5oose2whx5/AADtQMTT1TmNGiXYEOYoGMqa?dl=0>

Author Links:

WEBSITE: EricaWiggenhorn.com

FACEBOOK: facebook.com/EricaWiggenhornAuthor/

INSTAGRAM: instagram.com/ericawiggenhorn/

TWITTER: twitter.com/ericawiggenhorn

YOUTUBE: youtube.com/channel/UCvdJVxhceDW53EBoyGWNqoQ

Press Contact:

Lori Heiselman – Biscuit Media Group
714-553-5181
Lori@BiscuitMediaGroup.com

Erica